

# Clinical Indications of CERES Heilmittel Homeopathic Plant Mother Tinctures and Composite Remedies



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#### **421 Clinical Usage of CERES Aesculus (Horsechestnut) Mother Tincture:**

Psychoemotional usage:

- restores inner guidance, self-control, composure and a balance between seriousness and frivolity

Physiological conditions:

- chronic venous insufficiency, varicose veins
- hemorrhoids
- bruises – stabilizes fragile capillaries damaged by trauma
- leg pains, especially nocturnal leg pains and cramps
- muscle cramping associated with impairment of circulation
- leg edema and feeling of heaviness in the legs
- edema from trauma

#### **449 Clinical Usage of CERES Alchemilla compositum:**

Based on the individual homeopathic mother tincture constituents of CERES

Alchemilla compositum therapeutic possibilities result for the treatment of:

- premenstrual discomfort
- abdominal bloating and fluid retention associated with PMS
- dysmenorrhea, menstrual cramps
- excess menstrual bleeding
- menopausal symptoms

#### **422 Clinical Usage of CERES Carduus marianus Mother Tincture:**

Psychoemotional usage:

- strengthens individuality and clarifies personal self-hood; helps define healthy boundaries of demarcation and protection from exploitation.

Physiological conditions:

- liver cirrhosis, jaundice and gallstones
- liver damage from pharmaceuticals, chemotherapy, environmental toxins
- alcohol liver damage; cirrhosis
- toxic bowel disorders; irritable bowel; Crohn's disease
- liver viral disorders – all forms of hepatitis
- liver detoxification; increases the level of liver glutathione (GSH)
- Parkinson's disease due to its increased effect on glutathione
- hemorrhagic disorders associated with hepatic disease
- iron overload
- varicose veins
- eczema
- psoriasis

### **423 Clinical Usage of CERES Chamomilla Mother Tincture:**

Psychoemotional usage:

- promotes a mother-like sense of security and gentleness
- help develop patience, calmness, and inner peace

Physiological conditions:

- insomnia
- nervous tension and irritability
- nausea and upset stomach
- gastrointestinal inflammatory disorders, peptic ulcer
- intestinal spasms and colic pains
- irritable bowel syndrome; constipation
- fever due to acute infections - due to its diaphoretic effect
- inflammations of mouth, gums, throat, skin or mucosa
- teething complaints in children
- topical application: eczema; for wound healing

### **442 Clinical Usage of CERES Cynara (Artichoke) Mother Tincture:**

Psychoemotional usage:

- promotes an equilibrium of the opposing tendencies of self-restraint and extravagance

Physiological conditions:

- prevention and treatment of toxic conditions involving the liver
- stimulation of liver function
- regeneration of liver cells, hence, for chronic liver and gall bladder diseases, including jaundice and hepatitis
- gall stones
- hyperlipidemia
- non-ulcer dyspeptic complaints, such as nausea and bloating
- stimulation of digestion
- as a mild laxative for constipation

### **443 Clinical Usage of CERES Gentiana lutea Mother Tincture:**

Psychoemotional usage:

- strengthens and facilitates the processing of emotional information
- activates the break-down process and division of mental and emotional energy

Physiological conditions:

- loss of appetite
- dyspepsia, weakness of digestion
- abdominal bloating and gas
- gallstones and biliary debris
- cataracts and diabetic retinopathy due to its antioxidant effects

### **436 Clinical Usage of CERES Echinacea Mother Tincture:**

Psychoemotional usage:

- strengthens internal defense and affords protection from social and environmental conflicts and external pathogens

Physiological conditions

- general immune tonic to strengthen biological terrain
- respiratory infections – cold, cough, influenza and strep throat
- acute viral eruptions, especially herpes simplex, herpes zoster, mumps, chicken pox.
- chronic viral infections including hepatitis, EBV, CMV, and HIV.
- fungal overgrowth recurrent candidiasis
- Lyme disease

#### **424 Clinical Usage of CERES Equisetum (Horsetail) Mother Tincture:**

Psychoemotional usage:

- empowerment of mental clarity, order, arrangement and structure of thinking

Physiological conditions:

- cystitis, bladder cramps, nephritis
- kidney stones
- to facilitate toxic element and metabolic waste elimination via the kidneys
- hemorrhaging conditions of the bladder and kidneys
- osteoporosis and bone fractures; connective tissue repair
- enlargement of the prostate gland and prostatitis
- rheumatism and arthritis
- externally for wounds and burns

#### **425 Clinical Usage of CERES Geranium Roberticum Mother Tincture:**

Psychoemotional usage:

- assist in the shock of physical and emotional trauma, whether immediate or if it is of distant time origin.
- comforts and soothes emotional pains and sorrows associated with shock.

Physiological conditions:

- lymphatic stagnancy, swollen lymph nodes, lymphedema
- for detoxification of the connective tissue
- ulcers and gastrointestinal inflammation
- arthritis and rheumatism
- headaches including migraines

#### **426 Clinical Usage of CERES Ginkgo Mother Tincture:**

Psychoemotional usage:

- unity and equilibrium of the mind-body polarities
- psychic adaptability and regenerative strength

Physiological conditions

- mild cognitive deficits and disturbances in concentration
- mild to moderate dementia and Alzheimer's disease

- inflammatory conditions and platelet aggregation
- angina and arteriosclerosis
- vertigo and tinnitus associated with impaired cerebrovascular circulation
- migraine headaches
- asthma and bronchoconstriction
- Parkinson's disease
- macular degeneration, cataracts, floaters, glaucoma
- diabetic retinopathy
- impotency and diminished sexual desire associated with antidepressant drugs
- mild to moderate depression

#### **432 Clinical Usage of CERES Hedera Compositum:**

Based on the individual homeopathic mother tincture constituents of CERES Hedera compositum therapeutic possibilities result for the treatment of:

- respiratory catarrhal infections in any stage and in patients of any age
- expectorant in influenza
- acute bronchitis and tracheitis; chronic bronchitis; bronchiectasis
- chronic irritating coughs in asthma
- smoker's catarrh

#### **435 Clinical Usage of CERES Homeopathic D3 Hypericum:**

Psychoemotional usage:

- mild to moderate depression and mild to moderate anxiety

Physiological conditions:

- development of nervous system strength and stability
- nervous excitement and sleepless disturbances
- nerve injury and nervous system trauma
- as supportative therapy for acute and chronic viral infections

#### **444 Clinical Usage of CERES Melilotus Mother Tincture:**

Psychoemotional usage:

- dissolves psychological stagnancy and interlocking conflicts between mental pursuits and spiritual agendas

Physiological conditions

- chronic venous insufficiency; thrombophlebitis and post-thrombotic syndromes
- lymphedema and lymphatic stagnancy
- ischemic heart disease
- hemorrhoids
- varicose veins

#### **451 Clinical Usage of CERES Melissa (Lemon balm) Mother Tincture:**

Psychoemotional usage:

- calming; especially for states of tension, irritability and restlessness

Physiological conditions

- nervous sleeping disorders and restlessness
- menstrual tension and cramps; intestinal cramps and spasms
- stimulate appetite
- current research shows it may benefit cognitive performance and mood and may therefore be a valuable adjunct in the treatment of Alzheimer's disease and dementia
- Graves' disease research shows that flavonoids and polyphenolics found in Melissa exhibit thyroid regulating activities.
- external use as a topical antiviral for herpes (cold sores)

#### **427 Clinical Usage of CERES Passion Flower Mother Tincture:**

Psychoemotional usage:

- supports heart harmony, inner peace and heart communication
- relieves nervous tension
- relieves mental irritability

Physiological conditions

- nervous exhaustion, anxiety
- insomnia related to neurasthenia
- nervous tachycardia
- gastrointestinal disorders of nervous origin
- tension headaches
- restless leg syndrome
- attention deficit disorder
- Parkinson's disease
- seizure disorders
- neuralgia and nerve pain; shingles (Herpes Zoster) post herpetic neuralgia

#### **445 Clinical Usage of CERES Elderberry Mother Tincture:**

Psychoemotional usage:

- fosters resilience and stability in character
- supports completion of mental development
- development of a mature and responsible character

Physiological conditions

- common cold; influenza (flu)
- sinusitis; allergic rhinitis/hay fever
- laryngitis/sore throat
- acute and chronic bronchitis
- asthma
- as a cold preventative for general weakened immunity
- as a diaphoretic prior to sauna

#### **429 Clinical Usage of CERES Solidago (Goldenrod) Mother Tincture:**

Psychoemotional usage:

- It is indicated with renal diseases, which are emotionally connected with painful experiences in relationships and partnerships that involve separation and loss.

Physiological conditions:

- mild diuretic, increasing renal blood flow and increasing the glomerular filtration rate without stimulating the loss of sodium and chloride
- urinary tract infections; inflammatory diseases of the lower urinary tract
- kidney and bladder stones
- cystitis, nephritis
- as an aid to toxic element detoxification treatment for increased kidney flow and filtration

### **433 Clinical Usage of CERES Solidago Compositum:**

Based on the individual homeopathic mother tincture constituents of CERES Solidago composition therapeutic possibilities result for the treatment of:

- for stimulation of the endogenic defense mechanisms in acute and chronic diseases of the kidneys and urinary tract
- as an aid to detoxification treatment for increased kidney perfusion and drainage
- to help counteract intoxication from illnesses that weaken kidney function
- to help counteract kidney impairment from medications toxic to the kidneys
- gout and arthritis associated with poor excretion of uric acid
- mild diuretic / aquaretic
- kidney and bladder gravel and stones
- nephrosis and nephrosclerosis
- cystitis, nephritis

### **430 Clinical Usage of CERES Taraxicum Mother Tincture:**

Psychoemotional usage:

- supports transformation processes and ability to adapt to change
- strengthens the character to be resourceful and assimilate needed information and materials for growth and change

Physiological conditions

- dyspeptic complaints such as bloating, flatulence and constipation; lack of appetite
- arthritic conditions and chronic degenerative joint disease
- mild diuretic useful for many types of lymphatic swelling
- PMS and abdominal bloating associated with PMS
- gallstones; increases bile flow
- all types of hepatitis, liver cirrhosis, and to promote liver detoxification
- hypertension associated with edema and general fluid retention
- urinary tract infections
- elevated uric acid with associated gout; kidney stones and renal calculi
- toxic skin disorders such as eczema, acne, and warts

### **434 Clinical Usage of CERES Taraxacum Compositum:**

Based on the individual homeopathic tincture constituents of CERES Taraxacum composition therapeutic possibilities result for the treatment of:

- for stimulation of the endogenic defense mechanisms in acute and chronic diseases of the liver and biliary tree; obstructive jaundice
- as an aid to liver detoxification treatment
- counteract intoxication from illnesses that weaken liver and biliary function
- gallstones; increases bile flow
- biliary colic with accompanying pains under the right scapula
- all types of hepatitis; liver cirrhosis

#### **446 Clinical Usage of CERES Viola Tricolor Mother Tincture:**

Psychoemotional usage:

- illuminates and uncovers feelings of vulnerability that hide one's true nature behind a facade of superficiality
- promotes authenticity in expression and self-appearance

Physiological conditions

- cutaneous eruptions, eczema, psoriasis
- boils and carbuncles
- allergies/hay fever; sinusitis and sinus headache
- asthma, bronchitis
- chronic viral conditions
- bedwetting

#### **447 Clinical Usage of CERES Thyme Mother Tincture:**

Psychoemotional usage:

- promotes psychoemotional warmth
- resolves inordinate need for attention and acknowledgement

Physiological conditions

- respiratory infections
- bronchitis, bronchopneumonia, bronchospasms; whooping cough
- catarrh of the upper respiratory tract
- muscular rheumatism

#### **431 Clinical Usage of CERES Urtica dioica (Nettles) Mother Tincture:**

Psychoemotional usage:

- promotes assertion and positive aggression to help eliminate obstacles and begin new projects.
- assists with personal development, especially in overcoming the negative aspects of one's character. It facilitates the necessary will to take leadership in ones own life and not succumb to negative impulses.

Physiological conditions

- urinary tract inflammation; kidney stones and gravel
- arthritis; especially gout
- hypertension
- allergy, hay fever, asthma

- anemia through assisting iron assimilation

#### **0448 Clinical Usage of CERES Valerian Mother Tincture:**

Psychoemotional usage:

- grounding
- re-establishes equilibrium between cognitive, sensory and metabolic activity
- anxiety and nervous tension

Physiological conditions:

- insomnia, restlessness and sleeping disorders
- muscular spasms and pain